

## Recommended Assembly Torque Values \*

Plastic

Metric

	Size	Nm	lb ft
	M 3	0.1	0.1
	M 3.5	0.1	0.1
	M 4	0.2	0.14
	M 5	0.5	0.36
	M 6	1	0.73
	M 8	2	1.4
	M 10	3	2
	M 12	4	3
	M 14	9	7
	M 16	12	9

### Notes

1. Values given represent the torque required to induce a tension in the bolt corresponding to approximately 65% of its proof load.

\* This table is recommended for use as a guide only. While all care has been taken with its preparation, no responsibility is accepted for the absolute accuracy of the data provided.